

PROCTOR JUNIOR SENIOR HIGHSCHOOL

JUNE LUNCH MENU 2017



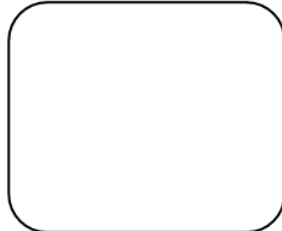
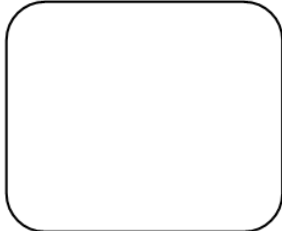
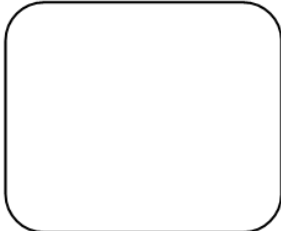
Monday

Tuesday

Wednesday

Thursday

Friday



Hail Caesar! 1
Grilled Chicken
Caesar Wrap
or Salad
Orange Wedges
Wheat Dinner Roll

Hala Penos! 2
Build your own
Fajita, Taco, Taco
Salad or Nachos!

Magnificent Meatloaf 5
Smashed Potatoes
Steamed Corn
Dinner Roll

Scramblers! 6
Build your own
Breakfast Wrap or
Plate! With a
Variety of Breakfast
Meats and Sides!

Grilled Ham & Cheese Sandwich 7
Tomato Soup
Cinnamon Apples

Cheesy Breadstick Dunkers 8
Meaty Marinara
Sauce
Caesar Salad

Hala Penos! 9
Build your own
Fajita, Taco, Taco
Salad or Nachos!

Home-Style Melty Macaroni & Cheese 12
Broccoli Salad

Wingin' it... 13
A variety of Chicken
Fingers & Sauces.
Served with Roasted
Potatoes & more.

Brunch for Lunch! 14
French Toast Sticks
Sausage Links
Crispy Homefries

Cheesy Chicken Quesadilla 15
Spanish Rice
Black Bean Salad
Salsa & Sour Cream

½ Day Breakfast Only 16

½ Day Breakfast Only 19

½ Day Breakfast Only 20

½ Day Breakfast Only 21

½ Day Breakfast Only 22

½ Day Breakfast Only 23

½ Day Breakfast Only 26

½ Day Breakfast Only 27

½ Day Breakfast Only 28

½ Day Breakfast Only 29

½ Day Breakfast Only 30

Have A Great Summer!

HALA PENOS
Every Friday,
Build your own Fa-
jita, Taco, Taco Salad
or Nachos with a
Variety of fun items
including Jalapenos.
LUNCH PRICES
Paid: \$2.55
Adult: \$3.50

THE SIZZLER
Our Sizzler Station
provides a variety of kid
favorite options such as:
Chicken Nuggets, Ham-
Burgers, Cheese Burgers,
Chicken Fingers, Fish-
Wichs, & More. Served
with our hand-cut fries.

GREENS-N-THINGS
Our Greens-N-
Things bar is available
daily! Round out your
lunch entrée by filling up
on an assortment of fresh
cut fruits, vegetables,
legumes, Specialty Sal-
ads, & More!

LITTLE ITALY
Little Italy, is our
daily selection of Cheese,
Pepperoni, or Specialty
Pizzas. All of our whole
wheat Pizza Crust is
made fresh daily.

SANDWICH SHOP
A Variety of
Freshly prepared Subs,
Sandwiches, & Wraps:
Including Turkey, Ham,
and Sandwich Salads
Yogurt Meals: Prepacked
Grab'N'Go Option. Includes
Yogurt, Granola Bar, String
Cheese, & Salad Bar!

Questions or Concerns? Visit us at pjh.edudine.com or Contact
Kathy Sutphin at the Proctor High School Cafeteria 459-3353.

