

FOOD SERVICE DIRECTOR

KIM BABCOCK

USDA is an Equal
Opportunity Provider &
Employer

OCTOBER 2017

PROCTOR HIGH SCHOOL



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	2 Savory Chicken Fajita Spanish Rice	3 Cheesy Rotini Toasted Garlic Bread Celery Sticks w/Dip	4 Brunch! Breakfast Burrito w/eggs, sausage and cheese Sweet Potato Fries	5 Open Face Hot Turkey Sandwich Whipped Potatoes w/Gravy Maple Glazed Carrots	6 Build your own Taco or Nachos with a variety of fun items including Jalapenos
	9 Hot Dog in a WW Bun Baked Beans	10 Cheesy Goulash Garlic Bread Stick Sweet Peas	11 Brunch for Lunch! Piping Hot Pancakes w/syrup Sausage links Seasoned Home Fries String Cheese	12 Chicken & Biscuits Whipped Potatoes w/Gravy Seasoned Green Beans	13 Build your own Taco or Nachos with a variety of fun items including Jalapenos
	16 Build Your Own Burger Cheese, Lettuce, Tomato, Onion & Pickles Sweet Potato Fries	17 Classic Spaghetti w/ Meat Sauce Toasted Garlic Bread Cucumber & Tomato Salad	18 Brunch for Lunch! French Toast Sticks w/syrup Ham Slices Tasty Tater Tots Yogurt Cup	19 Sweet & Sour Chicken Rice Pilaf Oriental Veggies Fortune Cookie	20 No School!!
	23 Grilled Cheese Sandwich Piping Hot Tomato Soup Celery Sticks w/PB	24 Home Style Mac & Cheese WW Dinner Roll Steamed Broccoli	25 Brunch for Lunch! Scrumptious Scrambled Eggs Bacon Strips Sweet Potato Tots	26 Home Made Shepherds Pie WW Bread & Butter	27 Build your own Taco or Nachos with a variety of fun items including Jalapenos
	30 Italian Meatball Sub topped with Mozzarella Cheese Sweet Potato Fries	31 Happy Halloween!! Delicious Meaty Lasagna WW Dinner Roll Sweet Peas		We offer local products when available.	

